

KINDNESS ADVENT CALENDAR

1

Give someone
a long hug

2

Buy a stranger
a coffee/tea

3

Make something
for your neighbour

4

Put a gift in a
Christmas appeal

5

Pick up 5 pieces
of rubbish

6

Give an elderly 5
minutes of your time
to chat

7

Write a kind card
and put it in
someones mailbox

8

Offer someone
some help

9

Give the postman
a gift to say thanks

10

Plant some flowers
for the bees

11

Smile at a
stranger

12

Give someone
a compliment

13

Feed the birds
healthy food

14

Do a chore for
someone you love

15

Hold the door
open for someone

16

Take supplies to an
animal shelter

17

Tell your grand
parents how much
you love them

18

Give someone a
Christmas ornament
for their tree

19

Give someone a
flower to brighten
their day

20

Write a kind message
in chalk on the side
walk

21

Donate some toys
to goodwill

22

Put coins in a
parking meter

23

Share something
with someone

24

Leave a nice note
hidden somewhere

25

State 3 things you
are grateful for
this year